



2025 IDO Acro Dance Open Continental Cup

An IDO Licensed Event

DAY 1 – Friday, July 11, 2025

TENTATIVE SCHEDULE

*This schedule is merely a placeholder for this 3-day event.
The Final Schedule will be posted after registration is complete.*

12:00 PM	Check in by Team Captains
1:00 PM	
2:00 PM	
3:00 PM	
4:00 PM	Master Class #1
5:00 PM	
6:00 PM	
7:00 PM	Welcome Party
8:00 PM	
9:00 PM	

The 2025 IDO Acro Dance Open Continental Cup is proudly hosted by:
The United States Tournament of Dance, Inc.
The United States Dance & Sport Competition Federation, Inc.

DAY 2 – Saturday, July 12, 2025

TENTATIVE SCHEDULE

*This schedule is merely a placeholder for this 3-day event.
The Final Schedule will be posted after registration is complete.*

7:00 AM	Dressing Rooms & Concessions OPEN
7:45 AM	Doors OPEN
8:00 AM	Competition
9:00 AM	
10:00 AM	
11:00 AM	
12:00 PM	
12:00 PM	Awards Ceremony
1:00 PM	Lunch Break
2:00 PM	Master Class #2
3:00 PM	Competition
4:00 PM	
5:00 PM	
6:00 PM	
6:00 PM	Awards Ceremony
7:00 PM	Dinner Break
8:00 PM	Competition
9:00 PM	
10:00 PM	
10:00 PM	Awards Ceremony

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DAY 3 – Sunday, July 13, 2025

TENTATIVE SCHEDULE

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The Final Schedule will be posted after registration is complete.*

7:00 AM	Dressing Rooms & Concessions OPEN
7:45 AM	Doors OPEN
8:00 AM	Competition
9:00 AM	
10:00 AM	
11:00 AM	
12:00 PM	Awards Ceremony
1:00 PM	Lunch Break
2:00 PM	Master Class #3
3:00 PM	
4:00 PM	Master Class #4
5:00 PM	
6:00 PM	Seminar
7:00 PM	Parade of Nations Lineup
8:00 PM	Parade of Nations
	Competition
	Final Awards Ceremony

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